

# L-Histidine Capsules

## 500 mg

Food supplement with the essential amino acid L-histidine as a base form in vegan capsules.

### Nutrition Information per 1 capsule\*

L-Histidine	500 mg
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\*recommended daily intake

**Directions for use:** Take 1 capsule daily unchewed with sufficient water, ideally 30 minutes before or 60 minutes after a meal.

**Ingredients:** L-Histidine, hydroxypropyl methyl cellulose (capsule).

**Notice:** The recommended daily intake must not be exceeded. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. **Store tightly closed in a cool, dry place.**



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Certified quality



Strict quality controls



ZeinPharma Germany GmbH  
Industriestraße 29  
Nauheim 64569  
Germany

PZN: 18055562  
Art.-No.: 13441  
**60 Capsules**  
e 34 g