

# Glucomannan 500 mg

## Food supplement

with the roughage glucomannan from the konjac root in vegan capsules.

Nutritional facts	per 6 capsules*
Konjac root powder	3150 mg
- thereof glucomannan	3000 mg

\* Recommended daily intake



## Ingredients:

Konjac root powder (glucomannan), hydroxypropyl methyl cellulose (capsule), antioxidant: ascorbyl palmitate.

## Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

## Store:

Store well closed in a cool, dry place.

## Directions for use:

Take 2 capsules daily with plenty of still water (at least 300 ml) 10 min before the three main meals (3 x 2 capsules).

Packaging size	PZN	Product number	Net quantity
90 capsules	09612294	12499	e 56 g