

Milk Thistle Capsules

500 mg

Food supplement with natural milk thistle extract (*Silybum marianum*) with silymarin (80 %) and choline in the form of L-choline bitartrate.

Nutrition Information	per 1 capsule*
Milk thistle extract	500 mg
- thereof silymarin	400 mg
L-choline bitartrate	200 mg
- thereof L-choline	83 mg

*recommended daily intake

Directions for use: Take 1 capsule daily unchewed with sufficient water, ideally with a meal containing fat.

Ingredients: Milk thistle seed extract, artichoke leaf extract, hydroxypropyl methyl cellulose (capsule), dandelion root extract.

Notice: The recommended daily intake must not be exceeded. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. Not suitable for pregnant women, nursing mothers and children. **Store tightly closed in a cool, dry place.**



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Certified quality



Strict quality controls



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100 Capsules
e 79 g