

5-HTP Capsules

100 mg

Food supplement with natural *Griffonia simplicifolia* seed extract with 5-hydroxytryptophan (5-HTP) (30 %) in vegan capsules.

Nutrition Information	per 1 capsule	per 3 capsules*
<i>Griffonia simplicifolia</i> seed extract	333 mg	1000 mg
- thereof 5-HTP	100 mg	300 mg

*recommended daily intake

Directions for use: Take 3 capsules daily unchewed with sufficient water with or between meals.

Ingredients: *Griffonia simplicifolia* seed extract, hydroxypropylmethylcellulose (capsule).

Notice: Do not exceed the recommended daily intake. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. Not suitable for pregnant women, nursing mothers and children and when taking antidepressants. **Store tightly closed in a cool, dry place.**



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Certified quality



Strict quality controls

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120 capsules
 e 47 g