

Biotin Capsules

Food supplement with high-dose biotin, zinc and selenium in vegan capsules.

Nutrition Information	per 1 capsule*
Biotin (vitamin B7)	10 mg (20000 %**)
Zinc	10 mg (100 %**)
Selenium	60 µg (109 %**)

*recommended daily intake

**of the reference intake according to
Regulation (EU) No 1169/2011

Directions for use: Take 1 capsule daily unchewed with sufficient water at mealtime.

Ingredients: Bulking agent: microcrystalline cellulose, zinc bisglycinate (zinc), hydroxypropyl methyl cellulose (capsule), selenium yeast (selenium), biotin (vitamin B7).

Notice: The recommended daily intake must not be exceeded. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. Do not use any other food supplements containing zinc. **Store tightly closed in a cool, dry place.**



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Certified quality



Strict quality controls



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PZN: 16945033
Art.-No.: 12519
180 Capsules
e 36 g