

Ashwagandha Capsules 500 mg

Food supplement with natural ashwagandha (*Withania somnifera*) root full spectrum extract.

Bioactive premium raw material KSM-66® with 5 % withanolides.

Nutrition Information	per 1 capsule*
Ashwagandha (<i>Withania somnifera</i>) root full spectrum extract (KSM-66®)	500 mg
- thereof withanolides	25 mg

*recommended daily intake

Directions for use: Take 1 capsule daily unchewed with sufficient water with or between meals.

Ingredients: Ashwagandha root full spectrum extract (KSM-66®), hydroxypropyl methyl cellulose (capsule). **Contains: Milk** (by extraction process).

Notice: The recommended daily intake must not be exceeded. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. Not suitable for children, pregnant women and nursing mothers.

Store tightly closed in a cool, dry place.



Family owned since 1999



Certified quality



Strict quality controls



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Art.-No.: 20515
60 Capsules
e 34 g