

Ashwagandha Extract 500 mg

Food supplement

100% natural full-spectrum root extract from Indian Ashwagandha (*Withania somnifera*), obtained through a patented, very gentle extraction process.

Nutritional facts	per 1 capsule*
Ashwagandha root extract	500 mg
- thereof 5 % withanolides	25 mg

* recommended daily intake



Ingredients:

KSM-66 Ashwagandha root extract (5 % withanolide), hydroxypropylmethylcellulose (capsule). **Contains: Milk.**

Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

Important notice:

This product is not suitable for children, pregnant and breastfeeding women and people taking medicines that interact with each other (e.g. thyroid medicines, barbiturate medicines).

Store:

Store well closed in a cool, dry place.

Directions for use:

Take 1 capsule daily with sufficient water, do not chew.

Packaging size	PZN	Product number	Net quantity
60 capsules	18659596	20515	e 35 g
120 capsules	16702997	20464	e 71,5 g