

Wild Yams Plus 500 mg

Food supplement

Root extract powder from wild yams (*Dioscorea opposita*) with vitamin E and zinc in vegan capsules.

Nutritional facts	per 2 capsules ^{**}
Wild yams root extract	1000 mg
- thereof diosgenin	200 mg
Vitamin E	12 mg (100 % ^{**})
Zinc	12 mg (120 % ^{**})

* Recommended daily intake

** reference values in accordance with LMIV



Ingredients:

Wild yams root extract (20% diosgenin), hydroxypropyl methyl cellulose (capsule), L- α -tocopheryl acetate (vitamin E), zinc oxide (zinc), vitamin C.

Notice:

The recommended daily intake indicated should not be exceeded. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of the reach of children.

Store:

Store well closed in a cool, dry place.

Directions for use:

Take 2 capsules daily unchewed with plenty of water before the main meals.

Packaging size	PZN	Product number	Net quantity
120 capsules	06916007	12070	e 76 g