

B-Complex Capsules

Food supplement with B-group vitamins in vegan capsules.

Nutrition Information	per 1 capsule*
Vitamin B1	4.67 mg (424 % ^{**})
Vitamin B2	5.31 mg (379 % ^{**})
Niacin	48.3 mg (302 % ^{**})
Pantothenic acid	20.47 mg (341 % ^{**})
Vitamin B6	6.65 mg (475 % ^{**})
Biotin	144 µg (288 % ^{**})
Folic acid	632 µg (316 % ^{**})
Vitamin B12	3.19 µg (127 % ^{**})

*recommended daily intake

**of the reference intake according to
Regulation (EU) No 1169/2011

Directions for use: Take 1 capsule daily with sufficient water before a main meal, do not chew.

Ingredients: Bulking agent: Microcrystalline cellulose, nicotinamide (niacin), hydroxypropyl methyl cellulose (capsule), d-calcium pantothenate (pantothenic acid), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), antioxidant: Ascorbyl palmitate, folic acid, cyanocobalamin (vitamin B12), biotin.

Notice: The recommended daily intake must not be exceeded. This product is not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of children. **Store tightly closed in a cool, dry place.**



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Certified quality



Strict quality controls



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PZN: 10141902
Art.-No.: 12632
90 Capsules
e 17.5 g